

MEDICAL SOCIETY



UNIVERSITY OF NEW
SOUTH WALES



2021

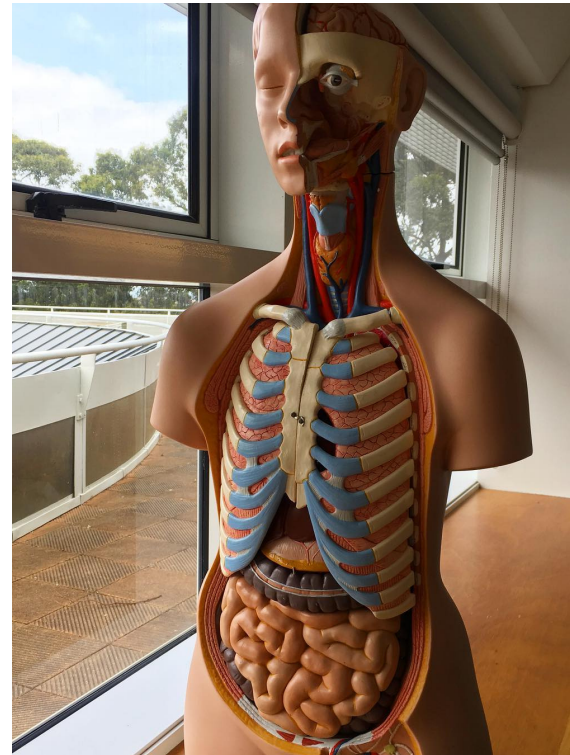


INTERNATIONAL STUDENTS' INFORMATION PACK

MEVNI FONSEKA & PABASHA NANAYAKKARA

CONTENT PAGE

01	INTRODUCTION TO MEDSOC
02	INTRODUCTION TO MEDSOC PRESIDENT
03	INTRODUCTION TO VPE AND VPI
04	INTRODUCTION TO INTERNATIONAL REPS
05	INTRODUCTION TO FIRST YEAR REPS
06	FACEBOOK GROUPS TO JOIN
07-08	COUNTRY GROUPS TO JOIN
09-10	MUST-DOS
11	ULTIMATE PACKING LIST
12	OTHER IMPORTANT INFORMATION
13	ACCOMMODATION (ON-CAMPUS)
14	ACCOMMODATION (OFF-CAMPUS)
15	GETTING AROUND SYDNEY
16-18	GENERAL LIFE TIPS
19	INTERNSHIP
20-23	GET INVOLVED
24	ULTIMATE CHECKLIST



INTRODUCTION TO MEDSOC

Welcome to Sydney, to UNSW, and to a cohort of the most intelligent, genuine and committed people we have ever met!!

We're super excited to be managing the student-run Medical Society (MedSoc) at UNSW. We organise social and academic events for you as well as represent your welfare and academic needs to faculty. We're always available if you want advice, a study buddy or even a chat. From your very first year, take all the chances you can get. We know this year can be especially difficult due to the travel restrictions imposed. However, we are prepared to organize fun online events until all of you are able to make it to Sydney. We'll always have your back and we will be there if you need it!

Enjoy your years here in medicine. They've been the best of our lives and we're committed to making them the best of yours.

Your MedSoc Executive 2021
UNSW MedSoc Facebook:

<https://www.facebook.com/unsw.medical.society?fref=ts>



YOUR MEDSOC EXECUTIVE 2020

President: Michael Orjekh (IV)
Vice President External: Josh Lowinger (III)
Vice President Internal: Jade Tran (IV)
Secretary: Jason Djafar (III)
Treasurer: Noosha Litkhouchi (III)
Public Relations Director: Liz Abhayaratna (II)
Events Director: Angela Xue (III)
Sponsorship: Joshua Mok (III)
Academics Director: Kish Arora (IV)
AMSA Rep: Felix Altit (IV)

INTRODUCTION TO MEDSOC PRESIDENT

Hi everyone! My name is Michael Orjekh and this year I am honoured to be the president of your medical society (UNSW MedSoc)!! :D We have heard the sad news that many of you won't be attending classes in person for at least the beginning of 2021 but be reassured that this doesn't mean we'll forget about you. It will certainly be an unorthodox start to your medical degree but we are here to try make the experience as butter smooth and enjoyable as possible.

Expect many opportunities to e-meet and get to know your fellow students whether they be from around the world or down under. Mevni and Pabasha will certainly be your shining lights through the dark fog of online learning but also know that there's a whole medical society hundreds strong trying to think of ways to make you feel a part of our community. I'll say it many a time but this is the first - if you ever have any questions about the degree, about medsoc, about uni, about who to talk to - please feel free to reach out and message any one of us. I'll keep my phone charged and ready to pounce (reply) ;P

Congratulations and welcome to the beginning of this crazy journey together,
Michael ❤️



INTRODUCTION TO VPI

Hi guys! I'm Jade and I'm the Vice President Internal (VPI) for UNSW Medsoc 2021. We are so happy to welcome you into the UNSW Medicine family and are very excited to see you learn and grow over the next six years. We are so aware of how tough everything has been because of COVID, but we will try to make the most of it and still bring events that you guys can enjoy from online! The wonderful Mevni and Pabasha are your International Officers from Medsoc and they will help guide you through your very hectic (but hopefully fun!) first year. Excited to see you soon, whether online or in person!

Jade xx



INTRODUCTION TO VPE



Hey everyone! Welcome and a massive congratulations on getting into UNSW Medicine!!!

My name is Josh Lowinger and I'm the Vice President External (VPE) of your Medical Society. My job is to make your student experience the best it can possibly be by heading up our team of student representatives (I highly encourage you to get involved!!), working closely with our Medicine faculty and advocating for everything you guys want. So if there's anything you think would make your student experience better, or even if you just have a cool idea that comes to mind, hit me up!

If you're anything like me, you're probably feeling super excited but also quite nervous about starting Med. Rest assured though that the UNSW Medicine community is one of the most caring, diverse and accepting communities you will ever meet, and we're here for you every step of the way.

You're in for the ride of your life – so strap yourself in and prepare to meet some of the most amazing people and make some of the most incredible memories you'll ever have!

Don't hesitate to reach out and say hey, I'd love to chat. Whether it's in-person or online, I can't wait to meet you all!!

Love,

Josh 🤗❤️

INTRODUCTION TO INTERNATIONAL REPS



Mevni Fonseka
(Year III)
Sri Lanka



Pabasha Nanayakkara
(Year II)
Sri Lanka



Hello fellow freshies!

Congrats on getting into medicine at UNSW. It's going to be a rewarding journey. We are so excited to have you on board with us in your journey towards becoming doctors.

I'm Mevni and I'm from Sri Lanka. Pabasha and I are your International Representatives for 2021 and we are here to support you to settle into med and enjoy your time here. I often say that the best part about med is the people you meet and the experiences you have. So we are prepared to organise many fun events both academic and non-academic to make this year special for you. I'm always keen to make new friends, answer your questions and have chats so feel free to reach out at anytime!!

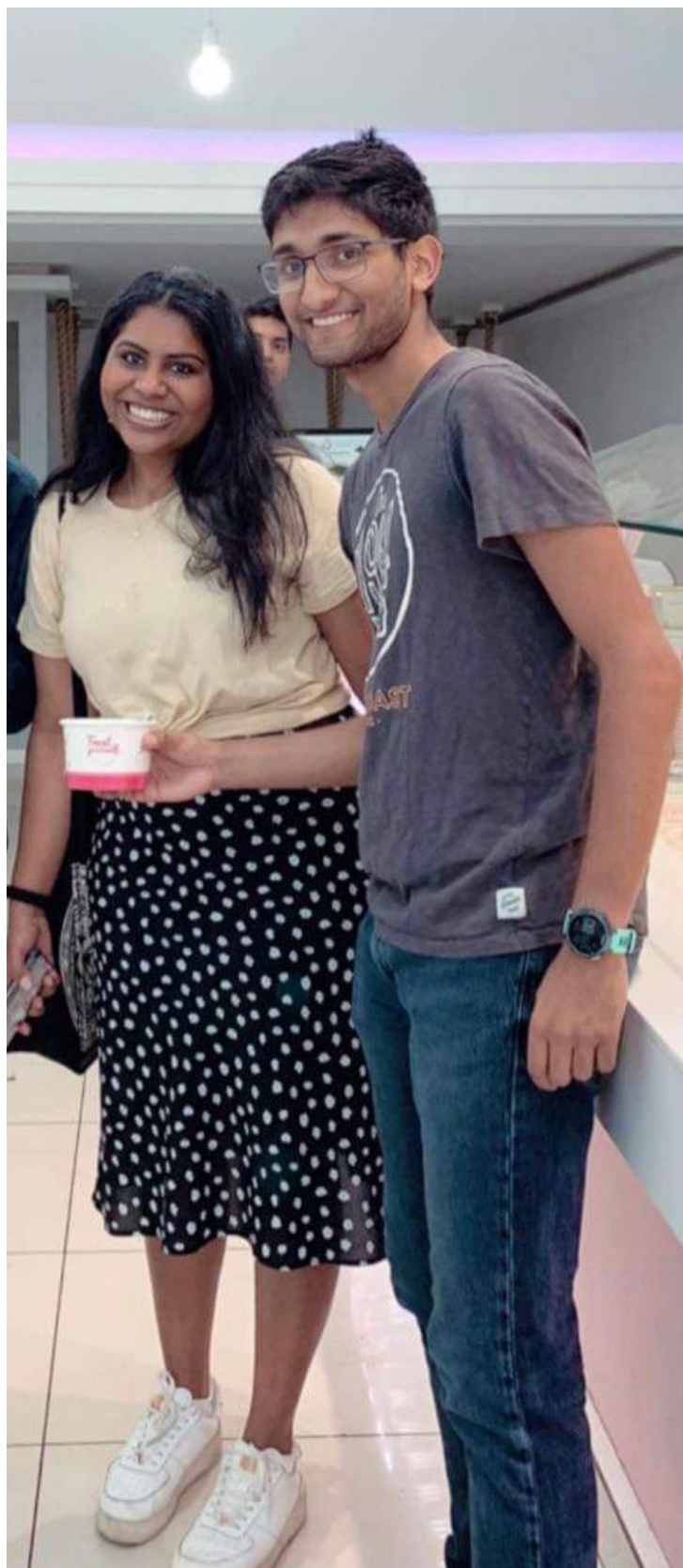
And I'm Pabasha, also from Sri Lanka. I still remember flying to Sydney all by myself for the very first time just last year! I know the concept of moving overseas and studying in a new country can be very daunting, especially in light of all the changes to university life that COVID-19 has spurred. But rest assured that you'll find an amazing support network here at UNSW Medicine which will hopefully make your transition to uni life as comfortable as possible :))

We understand that COVID travel restrictions may still be in place for at least half of the year next year and we are committed to making your first year experience an amazing one just like we had. Just remember that you're not alone- we've all been in your shoes and, along with a team of 5 diverse and hard working sub-committee members, we are here to make your journey easier. So make sure to find us on facebook, or drop us a message and we promise you a reply within minutes!!
Soo keen to meet all of you guys 🍷💖

YOUR INTERNATIONAL REPS

Mevni Fonseka (III) & Pabasha Nanayakkara (II)
international@medsoc.org.au

INTRODUCTION TO FIRST YEAR REPS



YOUR FIRST YEAR REPS

Daniel Rebello (II) & Madhu
Sarjapuram (II)
year1@medsoc.org.au

Hiya guys! Welcome to UNSW Med! We're Madhu and Daniel, your first-year reps :) What do we do? We're here to represent you to faculty and advocate for any of your needs! Soon, we'll be handing over to your first year reps who YOU will vote in from your own grade!

Preparing to move to a new country for university is, undoubtedly, daunting and so we want to assure you that we're always here to help you in any type of way. Whether it be exam concerns, medsoc questions or random 12am thoughts, our dms are always open. We are also two very talkative people hehe so when you're on campus, we'd love to chat in-person (hopefully we don't tire your eardrums)!

Finally, we want to say that you should be very very proud of yourselves and what you have achieved. Enjoy first year and take every opportunity that comes to you. Uni will truly be the time of your lives. We are very keen to meet you all soon :)

FACEBOOK GROUPS TO JOIN



UNSW International Medicine Students

This is the official collective group for all UNSW International Medical Students where you will receive the latest updates on exciting events, internship information, and can connect with your fellow international meddies. You definitely don't wanna miss out on anything so make sure to join!

Facebook Group: <https://www.facebook.com/UNSW.InternationalMedicine>

UNSW Medicine International Students 2021

This is the official group for all incoming international first years in your batch! As international reps, we will be posting relevant information for you to prepare for the start of uni and organizing social and academic events once you arrive Sydney!

Facebook group: <https://www.facebook.com/groups/150141963537717>



UNSW Medicine Noticeboard

This is the official collective group for ALL UNSW Medical Students (both domestic and international) where you will receive general medsoc notices and announcements, textbook sale offers, information about jobs to apply for, and much more!

Facebook Group: <https://www.facebook.com/groups/mednoticeboard>

UNSW Medicine Class of 2026

This is the official group for ALL incoming first years in your cohort (both domestic and international)! Your first-year reps will be updating you here with communications they receive from the medical faculty, end-of-course tutorial information, and fun first-year events to attend :D

Facebook group: <https://www.facebook.com/groups/495223418106702>



COUNTRY GROUPS TO JOIN

Singaporean Medical Society



Hey guys! Welcome to UNSW Med:) We are the Singapore Medical Society of UNSW (SMSUNSW), a society set up to help juniors assimilate better and make new friends. We have experienced the demands of being in a new environment far from home and having to deal with a new system. For this very reason, we try our best to support our juniors through their early years. Over the last few years, we have rolled out various events including mentorship programme for freshies, frequent academic tutorials for Y1s - Y6s, and social events to help bring everyone together! Apart from these events, we have introduced more outreach activities such as volunteering programs at nursing homes and blood donation drives. We look forward to welcoming you to our society, drop us a message on our Facebook page and we'll get you sorted:)

SMS rep: Shannon Tan (IV) & Kenneth Ng (IV)

Facebook group: <https://www.facebook.com/groups/sms.nsw/>



Hong Kong and Macau Medical Society



The Hong Kong and Macau medical society brings together students from HK and Macau to support and encourage each other through our six years of med school. We hope to help our fellow meddies academically through tutorial sessions and study groups. We also hope to form a fun and close-knitted group to hang out, road trip and travel together! We understand the struggles as a fresher studying abroad, that is why we are here to have your back and be your home away from home. Please feel free to contact us if you have any questions!

HKMOMS rep: Chris Ko (III)

Facebook group: <https://www.facebook.com/groups/1953445448295235/>

Malaysian Medics International Australia



Welcome to the land of kangaroos and koalas, and most importantly, the land where you will build and shape your medical career! Settling and finding your place in a new place can be tricky and uncertain especially when we are far away from what we know best – our close friends and homes. However, this is also our opportunity to expand and grow ourselves in ways as new or foreign as this land.

We connect Malaysian medical students from all states, to learn and expand our circle of friends; a platform to educate us with contemporary issues from back home as well as internationally; a platform to cultivate our values, enabling us to remember why we embarked on this journey. Hope to meet everyone real soon!

MMI Australia rep: Ivanna Sim (VI)

Facebook group: <https://m.facebook.com/MMIAustralia>



MUST-DOS



Student visa

- necessary medical examinations required for the visa application process
- there are specific medical centers to get your checks done



Overseas Students Health Cover (OSHC)

See the website linked for more information:

<https://student.unsw.edu.au/overseas-student-health-cover>



New South Wales Health Check Requirements

<https://medprogram.med.unsw.edu.au/nsw-health-requirements#tab-303400538>

1. UNSW Student ID card - pick up from The Nucleus: Student Hub in main library
2. National Police Check (+1 photocopy)
3. Police check from home country (+1 photocopy) or Statutory Declaration (+1 photocopy)
4. Code of Conduct Agreement
5. Tuberculosis Assessment Tool (form 2)
6. Student Undertaking/Declaration (form 3)

MUST-DOS

Enrolment

To enroll, you'll need your student number (zID) and zPass to log onto www.my.unsw.edu.au. You need to enroll into the following two courses for Semester 1:

Medicine Teaching Period 1: MFAC1501 Foundations

Medicine Teaching Period 2: MFAC1521 Beginnings, Growth & Development A

The Phase I program is made up of eight courses, each lasts 8 weeks. Your timetable for the course will be uploaded prior to its commencement on eMed. Unlike other courses, timetable for Medicine can differ every week and last minute changes aren't unheard of. In terms of your Foundation's timetable, once MedFac finalises clinical allocations, scenario groups and more, your timetable will come out in mid-Feb.

An eMed tutorial is available at <http://web.med.unsw.edu.au/Emed/Start.htm>. This will become your most frequently visited sites once university starts. You will find your class allocations, course-mates, tutors, lecture notes (including past-year notes & recordings) here, as well as assignment and assessment results.

Payment of School Fees

Payment of tuition fees can be done through myUNSW. Once logged in, click on the **"My Student Profile"** tab, there will be a **"Fee Statement & Payment Options"** under **"Financials"**, on the left side of the screen. Simply follow the instructions on-screen and you will see the following payment options: BPAY, Australia Post, or Internet Payment via ANZ eGate. Alternatively, you can pay your tuition fees through a wireless transfer via Western Union. Follow the instructions on <https://student.unsw.edu.au/fees/pay> for step-by-step instructions on how to pay your tuition fees and let us know if you have any questions :D

Fee statements will appear after your enrolment in the two courses above. It is important to adhere to the deadlines for the payment of tuition fees, for it may affect your ability to take the barrier examinations and your progress in Medicine.

ULTIMATE PACKING LIST

General Clothing



Get your **summer and winter clothes** ready! When you arrive at Sydney in March, the weather is going to be blazing hot. Summer is much drier than South East Asia regions, and a hot summer's day can well be in the high 30°Cs! However, the days start to cool down at the end of May and temperatures will reach around 4-5°C at the lowest. A light wind-breaker or water resistant jacket will go a long way in dealing with Sydney's sometimes windy and rainy seasons.

Hospital Clothing



Prepare a few sets of formal clothes, pencil skirts, dress pants and *enclosed* shoes, as professional attire will be expected in any clinical settings (no jeans or sports shoes). During Phase 1, you only visit the hospital once a fortnight, but in Phase 2, you'll be going to hospital regularly.

You might want to consider buying a lab coat (or two, one to be destroyed in pub crawl) since half of the Practicals in Phase 1 will require a lab coat. As a general rule of thumb, it's better to get all the clothing apparels before arriving at Sydney because shopping is expensive.

Housewares

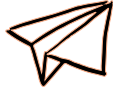


For those of you who plan to live in colleges, kitchen wares and utensils are provided. However, for those of you who won't be staying in a college, housewares are available for purchase in the local stores such as K-mart, Coles, Target and Big W. If you bring any electronic devices from home, don't forget about **adapters/power converters**, as Australia uses **240V** instead of 120V. This is how the power sockets/plugs look like in Australia:



OTHER IMPORTANT INFORMATION

Documentation



Here is a list of essential documents that you'll need when moving to Sydney:

- **Identification documents: Passport, Driver's license, birth certificate (opt)**
- **Printed copies of your eCoE**
- **NSW Health Bulk Compliance Checking: Medical records, Vaccination card, police certificate**

You will need these in many situations, such as setting up your bank accounts and phone plan. And if possible, get a Notary Public to certify these photocopied documents as official ones, so you will not need to carry the actual documents around all the time and risk losing them.

Textbooks and Medial Equipment



For phase I, most of the lectures have lecture notes provided and textbooks are generally available in libraries both online and in hard copies. As there are several versions of textbooks referenced by the lecturers, you're better off waiting until the course has started to figure out which books you will learn the best from.

In terms of medical equipment, it's better to buy a good **stethoscope** from the start. It's a good investment since you'd want it to last for your whole degree. You can contact the International reps about any stethoscope related questions after you arrive in Sydney, so don't worry about this now! Additional medical equipment such as a **pen torch, reflex hammers and tuning forks** are worth purchasing. However, in your early years, these can be borrowed from the Clinical Simulation room in Wallace Wurth.

Food



Australia is really strict with quarantine, but as far as I know, you're allowed to bring yummy snacks/biscuits from home as long as you declare it and it is sealed!

ACCOMMODATION (ON CAMPUS)

Non-Catered

- Barker Street Apartments
- Colombo House
- High Street Apartments
- Mulwarree Apartments
- New College Village
- University Terraces
- UNSW Village

Catered

- Basser College
- Baxter College
- Fig Tree Hall
- Goldstein College
- International Hall
- New College
- Shalom College
- UNSW Hall
- Creston College (All female college)
- Warrane College (All male college)



For the uninitiated, some colleges are pretty much the Australian equivalent of American fraternities. However, some are different as they're dry (alcohol-free) whilst some are known for their social and party atmosphere. Living on campus is very convenient because you will have scheduled class Monday to Friday with 9am, sometimes earlier starts most days. In addition, it is a good way to start making friends with other students and get involved in the various events that are held in UNSW. On-campus accommodations are usually high in demand and the application process differs between all the housing options, so apply as soon as possible if you're interested in living there! If you don't know when you can make it to Sydney- don't worry, you can also just apply for a single semester accommodation contract instead of a full-year contract! For more information: <http://www.accommodation.unsw.edu.au/>

ACCOMMODATION (OFF CAMPUS)

If you would prefer to live off-campus instead, there are plenty of other options you should check out! These options may be cheaper and might offer a more independent lifestyle. There are many residential areas available around the university if living on-campus is not your preference. It is better to live in places closer to the university, such as Anzac Parade and Randwick. There are other available places too, such as Coogee, Maroubra, and the CBD. However, living there requires you to take the bus to the university. It is important to note that international students do not get concession Opal card prices, so living further away will cost you more in transport. For more information:
<https://accommodation.unsw.edu.au/off-campus-accommodation>



Unilodge

UniLodge, is student accommodation designed to provide a secure and comfortable living environment for UNSW students. There is a welcoming and friendly atmosphere with excellent student support. This will be the place for you if you like peace and quiet but also want to meet people from a range of cultural backgrounds. It is just a 10 minute walk from campus and if you don't feel like walking, you can also catch public transport.

For more information visit:

<https://accommodation.unsw.edu.au/apartments/unilodge>

GETTING AROUND SYDNEY

Public transport

The NSW Transport Info website www.131500.com.au is an awesome tool for planning trips around Sydney.

If you have a smartphone, there's an Android/iPhone app called TripView Lite Sydney which also lists transport times that you can access offline. The full version (\$2.99 AUD) comes without ads and allows you to save your trips, so that you don't have to reenter to-and-fro places each time you use the app.

The Opal card is an easy, convenient way of paying for your travel on public transport (ie. buses, trains, ferries). Using Opal card has many benefits such as 30% off-peak discounts on full price Opal fares, travelling all day for just \$2.80 on Sundays, etc.

The Opal card itself is free and you can load as little as \$10 in it. To obtain an Opal card, you can either get it from retailers (most convenience stores/WH Smith on campus) or online (just register, add value to your Opal card and it will be mailed to you)!

More info on the Opal card: <https://www.opal.com.au/Do> keep in mind that if you are caught with a concession ticket for MyBuses/MyFerries/MyTrains without the concession sticker on your student card (sticker only given to domestic students), you will be fined (\$100 in buses, \$200 in trains).



Car

The costs of having a car in Sydney can be pretty expensive, as you have to consider insurance, green slips, registration and petrol. Parking can also be an issue, parking on campus (free/short term paid) or in the near vicinity are limited. However, a car does make travelling convenient, especially if you are planning to travel around Sydney frequently, or if you are staying on campus and are allocated to hospitals such as Liverpool/Bankstown.

If you are interested in purchasing an after-hours parking permit, they are available at FM Assist. More information can be found on

<http://www.facilities.unsw.edu.au/node/25/#studentandvisitorparkingpermits>.

GENERAL LIFE TIPS

BANK ACCOUNTS, PHONE NUMBERS, ID

Identification

If you plan on going to 18+ events, you will need a valid ID (official identification with photograph and date of birth). Passports and driver's licences are often accepted, but if you feel that it's not safe to carry your passport/driver's licence with you to clubs/bars, you can apply for a licence or Proof of Age Card through the RTA website.

Bank Account

You're going to live here for the next 6 years, so you're likely to want to set up an Australian bank account. You'll need your passport, an address, a phone number and bank documents from home to open an account. There are Commonwealth, ANZ, and Westpac ATMs scattered around campus. The choice of bank account that you open is completely up to your needs and preferences. PRO TIP: If you're opening up a bank account, make sure to register for a Tax File Number (TFN) online. This will allow you to claim back any taxes that your bank deducts from your savings accounts and is also required to find work in Australia. <https://www.ato.gov.au/individuals/tax-file-number/apply-for-a-tfn/>

Internet

On-campus as well as some off-campus accommodation offer Wi-fi internet. For those off-campus accommodations that do not supply wifi, there are many internet providers that you can choose. When choosing a plan you will have to weigh the cost with reliability along with any other particular personal wishes. The following link provides a comparison of broadband plans to help you choose one most suitable for you. In the suburbs box type "2033" for UNSW. <https://www.iselect.com.au/internet/>

Some possible internet providers are listed below with personal experiences from fellow students.

Dodo.com.au: cheap – unreliable

TPG.com.au: cheap – can be unreliable but generally pretty good

Optus.com.au: expensive – better

Telstra.com.au: expensive – better

Amaysim: cheaper options if you don't need lots of data

Phone Numbers

There is a range of different providers in Australia with varying pay plans. To apply for a phone plan, some companies might need your passport, eCOE, bank account details, and proof that you're living at Sydney (electrical bills, etc.) and go to the nearest telecommunication shops (Vodafone/Optus).

GENERAL LIFE TIPS

EMERGENCY CONTACT DETAILS

Here are some numbers that may be useful to keep in your phone at all times! :)

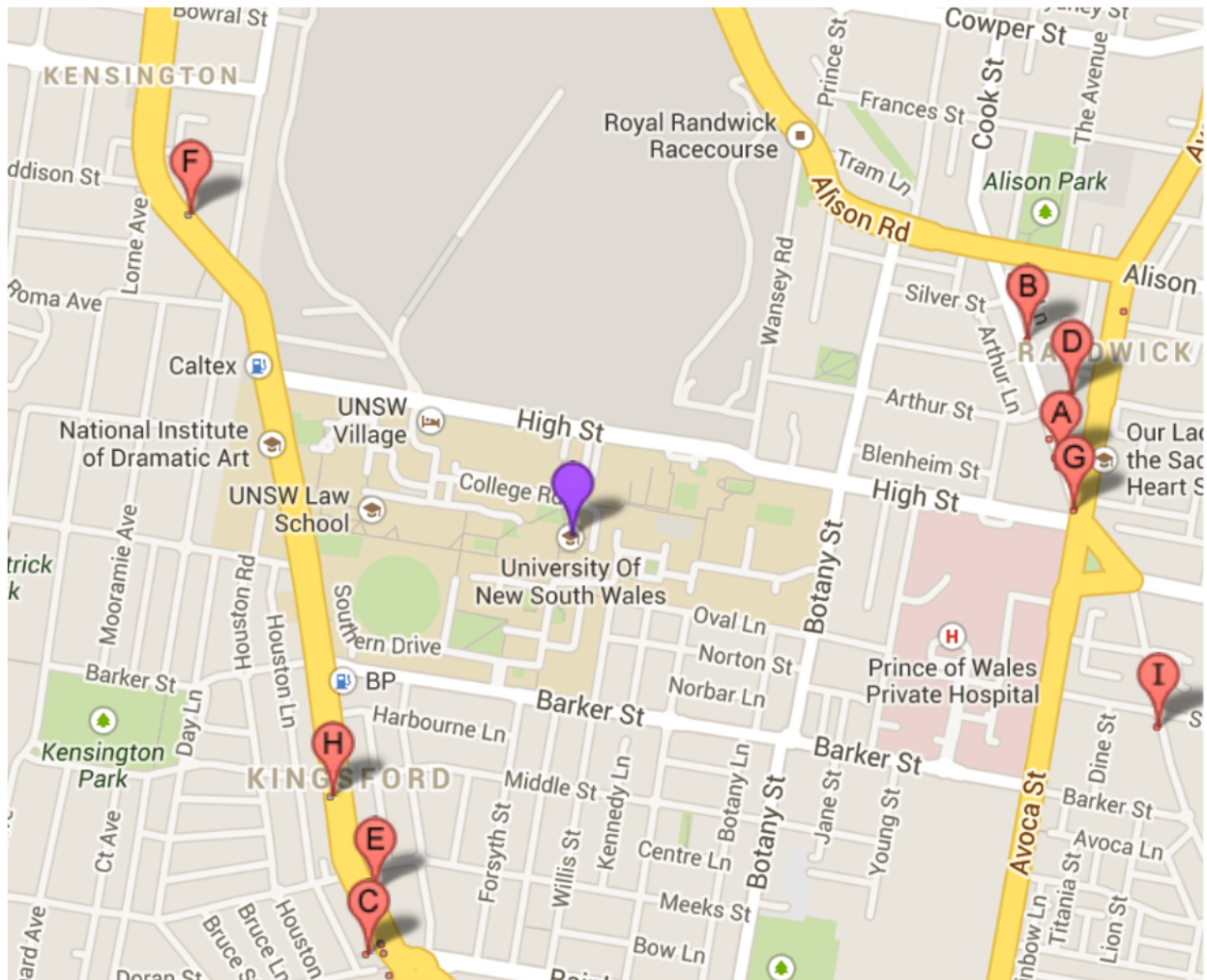
1. Police, Fire & Ambulance: 000
2. UNSW Security Services: 9385 6666 (in an emergency) 9385 6000 (everything else)

UNSW Security Services is a 24 hour security presence on campus and maintains security monitoring services for the University. There are many initiatives carried out by them to enhance our safety, such as safety escorts, night shuttle bus and help points on campus. More information can be found at <http://www.facilities.unsw.edu.au/security-safety/about-unsw-security-services>.



GENERAL LIFE TIPS

GROCERIES AND SUPERMARKET



A – Coles Supermarket or **D – Woolworth Supermarket** (inside the Royal Randwick Shopping Centre)

*These are the two major supermarkets in Australia, where you get quality food at the cheapest price.

B – Randwick Oriental Supermarket

C – IGA Everyday or **Gate 2** on campus

*Slightly pricier supermarket located in Kingsford. Grab your grocery on your way back home if you are eating at one of the restaurants there.

E – Randwick Oriental Supermarket (same name, but this one is located in Kingsford)

H – Tokyo Supermarket (Asian supermarket)

I – The Spot (Good place to hang out with friends. It has many good restaurants, and desert places. The Ritz cinema at the Spot has discount prices for students and Arc members.)

Eastgardens Westfield is the closest shopping centre near UNSW and it's a short 15-minute bus ride away (Bus Route 400), it has a food court, Coles and Kmart/Target/Big W/Myer etc.

INTERNSHIP



For all you keen-bean freshies out there, we have one word: Relax. Internships positions are 6 years away for you, and it should not be your first thought at the moment. There's jobs available for all of us graduates, here in Australia or back at home. Focus on settling down, finding activities and friends, and enjoying your academics.

However, follow and read up on positions by the Australian Medical Society. It has an international chapter. Do your own research on internship positions upon graduation. Get involved in the AMSA International Students Network (ISN) on facebook.



Later on this year, we will be having an information night where we will get the president of AMSA's international network speak to us on internship positions, and we will get international alumni working in Australia to give us a presentation on applying for jobs here. Look out for the talk!

- 1.AMSA's International Chapter-<https://www.amsa.org.au/node/930>
- 2.AMSA International Network Group-<https://www.facebook.com/groups/ISN.AMSA/>

GET INVOLVED

O-week (8-12th Feb 2021)

We know that O-Week may be very different this year if you are not able to make it onto campus due to COVID-19 travel restrictions. Check out the two links below to stay up-to-date with information about O-Week and look out for any international student FAQs and virtual events!

<https://student.unsw.edu.au/orientation>

<https://www.arc.unsw.edu.au/o-week>

Medicine Faculty Orientation (10 Feb 2021)

Enjoy an introduction to the Medicine Course and Faculty in the morning, but make sure you get super pumped for your Medsoc welcome straight after!! If you're not able to make it to Sydney though, don't worry- you'll be able to sign-up for MedSoc online and collect your MedSoc membership stickers when you're on campus.

International Welcome Orientation (12th Feb 2021)

This is a special event where international med students will be able to meet their fellow international peers! We know that many of you may not be able to arrive in Sydney by February so this event will be hosted online via Zoom. You definitely don't want to miss out on this so keep an eye out for this event on Facebook :D



GET INVOLVED

Meet your Mentors/MedSoc Mentoring (International mentorship program)

I'm sure some of you have already indicated your interest for the mentorship program, but if you haven't, fear not, just indicate your interest in the link below! This mentorship program is aimed at helping first years integrate into the new environment and you can ask your mentors anything under the sun- from how much sunscreen to buy to any study tips! Your group of mentors will also organize fun virtual/in-person meet-ups for you.

<https://forms.gle/nRVz3ZCz3P2pqQHH6>

Board Game Thursdays

Once you're in Sydney, every second Thursday of term, please come by to hang around after class for cards, board games and mahjong with your new friends and colleagues and also to ping pong your hearts out! It's BYO board games but we'll try and get some from Arc (the UNSW student body) as well! It'll be a lot of fun to get a lil' competitive and make more friends



Meddies Go Boulderling

A quintessential activity. What more is there to life than scaling a fearsome wall with no harness. Just kidding it's like 5m but hey it's still a lot of fun and we have a keen group who head out every 3rd Friday of term, the more the merrier!!

GET INVOLVED

Pubcrawl (April 2021)

What more do we love than bar discounts and getting loose through the city. In all seriousness, Pubcrawl is so much fun whether you are or aren't drinking - just have a good night out with your mates. Turnout is genuinely huge especially amongst first years and you all get to wear your lab-coats which everyone gets to sign for the memories!



Medcamp (late February 2021)

MedCamp is often cited as an amazing experience for first-years. It's a great chance to make friends out in the Aussie bush at a lovely campground complete with mountains and nighttime bonfires. And there's free alcohol <3. Keep your eyes peeled for tickets. However, if you're not able to make it to Sydney by February don't despair! We're organizing a ton of fun virtual social nights where you'll be able to mix and mingle with your cohort in the meantime, as well as some phenomenal in-person social events and getaways later on in the year (*International Students' Getaway*)!



International Students' Getaway (late 2021)

Are you sick of FaceTiming your friends? Get ready for the International Students' Getaway 2021! This will serve as a special in-person bonding event for first-year international students when everyone has arrived in Sydney. We'll have heaps of games, fun, and food so keep an eye out for this event! The exact location for this getaway is TBD but we'll let you know soon ;)

GET INVOLVED

Integration Cruise (July 2021)

Now this one is still a while away but at the start of the third term (HM-B), we host a stunning harbour cruise for 1st and 2nd years to mingle and party! Keep your eyes peeled for this one, you won't want to miss out :) Looking for other fun ways to get involved in uni?

MedShow

If you love dancing/singing/acting, this is definitely for you. MedShow is held in Sem 2, it is an excellent opportunity to showcase your talent while getting to know other meddies who have the same interest in performing arts so look out for that. It will be an experience of a lifetime – you will certainly not regret it!



AMSA Convention (June-July 2021)

Every year, 1000 medical students from all over the country gather to share ideas, listen to speakers, and party like crazy! And this year, the AMSA Convention is going to Adelaide. People literally camp at their computers to get a shot at registration for this convention! Keep yourself in the loop by visiting <https://www.adelaidecc.com.au/event/amsa-national-convention-2021-australian-medical-students-association/>



ULTIMATE CHECKLIST

Get into UNSW Med	DONE :D
Organise Visa	
Fulfill Health Check Requirements National Police Check from both countries Vaccinations Other forms	
Organise Accommodation	
To bring Clothing Hospital Clothes Summer Clothes Winter Clothes Houseware Bedsheets, pillow cases + duvets Cooking equipment/utensils (depending on your accommodation!) Hardware Computers, iPads + chargers Power converters Food (but remember to pack all <u>foods</u> in a separate bag to declare at quarantine) Books Medical Equipment Stationery	
Documents and photocopies Passport, Driver's Licence, Australian Visa Confirmation of enrollment (eCOE) Vaccination Records, serology Birth Certificate, National Police Check Get the photocopied versions certified by a Notary Public	
Accommodation	
Set up Internet Phone	
Bank Account ID	
Register for MedSoc Membership, KMSA/ <u>HKMSS</u> /SMS-NSW/MMS	
Attend International Orientation Afternoon (TBA)	
Feedback to international@medsoc.org.au	

CAN'T WAIT TO MEET YOU!

