

## Dear future doctors of 2030,

First of all, a **HUGE CONGRATULATIONS!** Welcome to your very first year in UNSW Medicine. I'm Minnie, the President of your Medical Society (MedSoc), and I warmly welcome you to the UNSW Med family. I hope you're feeling as keen to start your time in Med as I am to welcome you to it :) Having been in your position only a few years ago, I can imagine you're very excited, but also a bit daunted by what lies ahead. Rest assured that MedSoc is here to lend you a hand!

MedSoc strives to best represent YOU. We advocate for student wellbeing and quality education and also hold some of the most incredible social, academic, sporting and professional development opportunities outside of the classroom. Remember university is such a unique opportunity for growth outside of academics, being a part of a society is a chance to develop through roles that you might never get the chance to take part in again and also have a lot of fun and meet people you'd never meet otherwise!

To help you out, I've listed the tasks you should complete in the coming days.

### 1. Request to join the [UNSW Medicine Class of 2030 Facebook group](#) and the [UNSW Medicine Noticeboard!](#)

- a. MedSoc will be posting important updates here in the coming weeks and months. Thank you to those who have already joined - if you haven't yet, please join ASAP!
- b. These groups are exclusively for UNSW Medicine students, so please provide your zID for verification
- c. <https://www.facebook.com/groups/unswmed2030> and [www.facebook.com/groups/mednoticeboard/](http://www.facebook.com/groups/mednoticeboard/)

### 2. Key dates to add to your calendars (compulsory of course :)))

- a. **O Day** (Medicine Orientation Day) - Wednesday 12th February
  - i. 10:00am-11:00am Undergraduate Faculty Welcome at Leighton Hall - (Scientia Building)
  - ii. 11:30am-12:30pm Intro to MedSoc Presentation at Rex Vowels Theatre
  - iii. 1:00pm-2:00pm Undergraduate Faculty Welcome at Patricia O' Shane 104
  - iv. 2:15pm-3:45pm MedSoc Event (lunch and social) at Wallace Wurth
- b. **P Day** - Thurs 13th February 10am - 2pm, Wallace Wurth
- c. **O Week** - 10th-13th February
  - i. Make sure to pop by the membership directors (Sriram and Ryan) any day of O Week (10th-13th) to sign up to MedSoc and collect a goodie bag of freebies !! We will post locations later

but you can also visit our O Week Stall on Monday 10th and Tuesday 11th for directions + meet us!

- d. **O Week Party** - Thursday 13th February
- e. **Meet Your Mentors Night** - Tuesday 18th February 5pm - 8pm, Wallace Wurth Building
- f. **MedCamp** - Friday 7th March → Sunday 9th March, Wiseman's Ferry (buses depart from UNSW)
- g. **ScrubCrawl** - Friday 28th March 5:30pm - late, meet at UNSW

### 3. NSW Health Requirements and Admissions documentation

- a. You will find all the required documentation here: <https://bit.ly/med-documentation>
- b. It is essential that you get started on these NOW if you have not done so already as it may delay your clinical attachments starting in Term 2!

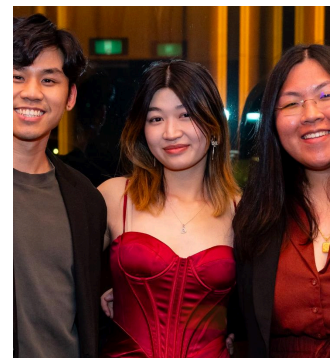
### 4. Joining MedSoc and First Year Timetables

- a. We will be in touch with more info soon on how to join MedSoc, which will give you access to incredible resources, guides, events and much more! These include joining subcommittees, representing your year as a first year rep or becoming an assistant to the President/ Secretary.
- b. If you can't see your timetable yet on eMed you have been expelled! - jk jk it will be released closer to the start of Term 1, no need to stress if you don't have it yet :)

2025 is going to be such an amazing year for all of us. Alongside the rest of your incredible MedSoc team, I hope to become a familiar face who you feel comfortable chatting to any time!

Please feel free to email or message me if you have any questions. I can't wait to see your lovely faces during O Week!!!

**Lots of love,**  
Minnie



Minnie Ning | President

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*UNSW MedSoc acknowledges the traditional owners of country throughout Australia and recognises their continuing connection to the land, waters and community. We pay our respects to them and their cultures, and to elders both past and present.*

# Welcome Class of 2030!

Hello Hello future doctors and welcome to the UNSW Medicine Class of 2030!

Firstly... a massive congratulations to you! 🎉 You survived the gruelling end of highschool, smashed your exams, made it through the UCAT and charmed your way through interviews to get here. You should be incredibly proud of yourself! 💖 The next six years, whilst being jam-packed and challenging, will also be years of amazing learning opportunities, lifelong friendships and unforgettable memories both inside and outside the classroom. 👥 As part of the wonderful UNSW Medicine community, you'll come into contact with some of the most inspiring peers, lecturers and patients you'll ever meet! 😊 You will also become quite familiar with The Faculty of Medicine (MedFac) who are the lovely group of teachers, experts and administrators that run all academic and clinical aspects of your course. 🩺

Now, we know coming into university can feel quite daunting 😬. You may have had to change countries, states or even travel routes to get to UNSW 🚗. Having been through what you all are going through right now, we know how valuable support is. So, we're writing this letter from the UNSW Medical Society (aka MedSoc) to give you an early run-down on how your first year may look 👁️! Please learn from our mistakes (and don't be scared to make some of your own) so that you can develop into an amazing ✨reflective practitioner ✨ (which you'll definitely get familiar with hearing about over the next 6 years 😁)!

**Tip #1: If you ever have any questions or concerns about your course or study, your First Year Reps, Izzy and Tom, are here for you!**

MedSoc is your first point of contact for any queries you might have – we're all Med Students who have been where you are and come out the other side.

As your representatives, and 2nd Year Med students ourselves, we have been through the trials and tribulations characteristic of the jump between the outside world and UNSW Medicine. Whether that be from high school, another degree, another city, state or country, or even from another job as a mature-age student, we will be your guiding light. 💡🤝

So, come to us with questions like:

- Do I need to buy all the textbooks? 🧠 (Nope, you don't need to buy any!)
- When do I get to meet patients? (Very soon, young grasshopper 😊)
- What is the minimum mark needed to pass? 🤓 (I think we'll get along quite nicely... 49.5)

More widely, your UNSW Medical Society (MedSoc) (us!) consists of all 1600 students at UNSW Med, and is run by around 200 medical student volunteers. MedSoc is here to advocate and support you throughout your 6-year experience and beyond. Your 2025 MedSoc Executive includes Minnie Ning (President – [president@medsoc.org.au](mailto:president@medsoc.org.au)), Catherine Le (Vice President External – [vpexternal@medsoc.org.au](mailto:vpexternal@medsoc.org.au)), and Natalie Ong (Vice President Internal – [vpinternal@medsoc.org.au](mailto:vpinternal@medsoc.org.au)) as well as many other incredible students who are very happy to assist with any questions you might have.

**Tip #2: Your medicine cohort is a family, so keep updated on all that is going on by adding yourself to the Class of 2030 Facebook Page.**

You don't want to miss out! If you can't get FB yet, email us at [year1@medsoc.org.au](mailto:year1@medsoc.org.au) and we'll add you to an emailing list so you're in the loop.

As well as advocacy and support, MedSoc provides awesome opportunities for you to enrich your uni experience with events ranging from Wellbeing Week to ScrubCrawl and initiatives that provide peer mentoring, free food and more! Our main point of sharing information is your class Facebook page, but also make sure you follow the UNSW Medical Society and UNSW Medicine Noticeboard for lots of important announcements!

The great thing about the Medicine Faculty is that everyone is here to help you to succeed, we all end up with the same degree and there's nothing to be lost and everything to gain by helping out a friend!

**Tip #3: GET KEEN FOR MEDCAMP! It is the biggest event on the calendar and for sure, the BEST experience of UNSW Med.**

The entire First Year cohort goes so get ready for a great time. This year's theme is: Under the E SEA G 🌊!!

In addition to the hints given above, the best advice we can give you is that your medical school experience is what you make of it. 😞 These first few years especially are the most free time you're going to have for a while! So, take every opportunity you can, within Medicine, within MedSoc, and in university life as a whole to broaden your experience. At the same time, remember that everyone is on their own path, and it's okay to take things at your own pace. Look out for one another, and we're always here for you too :) 😊

The UNSW Medicine cohort is very excited to welcome every single one of you. See you very soon! 🙌

Lots of love,  
Isabel Vance and Tom Johnston 😊



### **MedCamp 2025: UNDER THE E SEA G**

Get excited for a rowdy and rambunctious ride at MedCamp 2025: UNDER THE E SEA G

#### **Who goes?**

The entire first year cohort, along with 30 Second Year leaders and the MedSoc Executive

#### **When?**

Friday 7th March - Sunday 9th March 2025

#### **Where?**

Outdoor Adventure Camps - Wisemans Ferry  
Buses will be provided from UNSW

#### **What if I'm under 18?**

Students of all ages attend!

#### **More details?**

All updates will be posted on the [UNSW Medicine Class of 2030 Facebook group](#)