

HUMERUS

UNSW MEDSOC: MED STUDENT TIMES

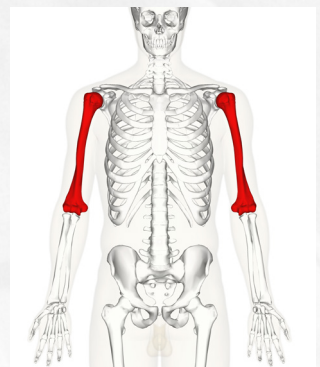
2016 ISSUE 1



HUMERUS? WHAT'S THAT?

Whether you're fresh first year or a well-weathered sixth year, we all need that study break/ procrastination time- and that's where humerus step in, to provide some stress relief from exams and put the "fun" in "medi..." oh wait... nevermind. Anyway, looking back on the year so far, it's already been packed with so many events: Beach day, Meet the Mentors, Medcamp, Pubcrawl, Medshave, Ultimate Frisbee and many more. We hope you've been able to take part in a few, but really, the fun(ny) has only just begun!

- Pubs Lucy and Helen



Want to show us what you've got?

Humerus and its sister publication, Idioglossia (where your ideas and opinions on relevant current affairs are voiced), are looking for submissions! Whether it's a funny med pun, experiences in med or articles you found interesting, send them over to publications@medsoc.org.au or message our facebook page (UNSW Medsoc Publications) for more information!

Editors

Helen Zhang
Lucy Yang
Eric Xu

Photography

Manjekah Dunn

Content

Victoria Liu
Helen Zhang
Erica Longhurst
Naomi Sirmai

Eric Xu

Eleanor Hall

Layout

Helen Zhang
Lucy Yang



HOW TO MAKE FRIENDS AT A PARTY *DESPITE* BEING A MEDICAL STUDENT

We've all been there. You're at a mate's party and a friendly stranger approaches you. You make small-talk for a couple of minutes before the dreaded topic comes up:

"So, what do you do...?"

Your answer could make or break you. You take the easy way out:

"I'm a student."

They remain undeterred:

"Cool, same! What do you study?"

Pretending you haven't heard them properly:

"I'm at UNSW."

"No but which subjects?"

Damn, here goes nothing:

"...Medicine."

"Ohh..."

You will now get one of three responses:

1. An unenthusiastic, "Cool..."
2. The: turns around and walks away
3. And, of course, the classic, "Wow, you must be REALLY SMART!"

The first two responses are largely unavoidable, but the third seems to trap you in what I'd like to call the 'Para-Docs'.

Do you disagree with them?? But then you'll either seem like an asshole calling them stupid, or a future danger to public health.

But you can't agree with them – then you'll seem like an egotistical dickhead who's not worth their time.

Either way, it appears, you lose.

NOT TRUE, MY FRIENDS. I have THE DEFINITIVE way to get out of this awkward situation, make them laugh, and reassure them that you're just a Regular Guy™

For this to work, you will need:

- 1x friend who also studies Med (preferably more awkward than you)
- Hands
- The ability to talk

Method:

"Wow, you must be SOOO SMART!"

The second those dreaded lines come up, immediately grab your awkward Med friend, pull them in front of you and say, in these words exactly:

"No, they're actually MUCH smarter than me!"

Now, with a grin, you can watch as your friend tries to deal with this unexpected burden. Lol.

Deflection, my friends. It works.

You're welcome.

Nomo (II)

Pick up lines (use at your own risk)

Eric Xu (III)

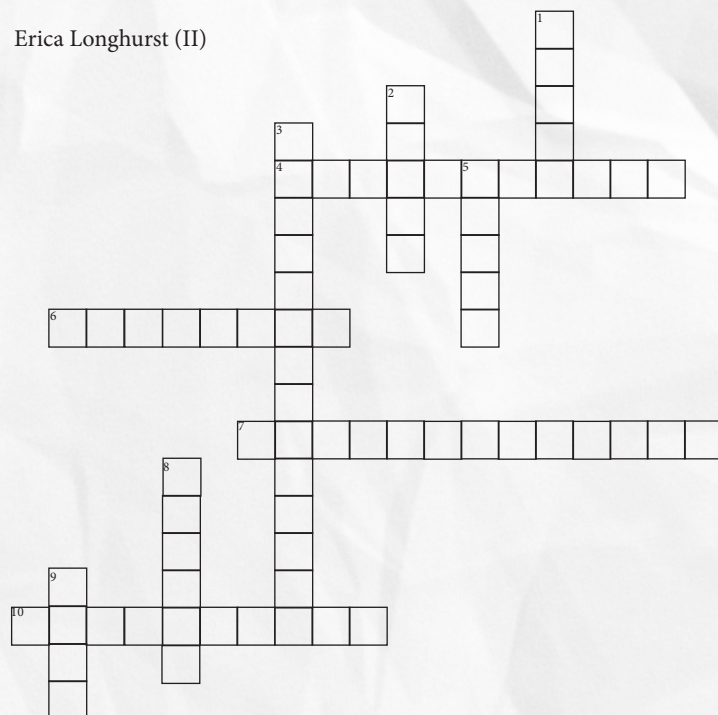
- It's not healthy for me to see you anymore, Bubu. Your beauty stops my heart
- Hey angiotensin, you always making me so thirsty (Disclaimer: works better for people with initials AT)
- To the cute Asian boy in Rex Vowels: I'm waiting for you in CLB.
- Hey, is your heart okay? Cos I'm pretty sure you have QT syndrome.



LAUGHTER IS THE BEST MEDICINE

Try not to laugh/ groan as you complete the crossword below.

Erica Longhurst (II)



Across

4. What do you give someone who has everything?
6. The worst game to be playing when you're having a heart attack
7. One of the buildings on campus that has value
10. Where all the consonants are allowed to go

Down

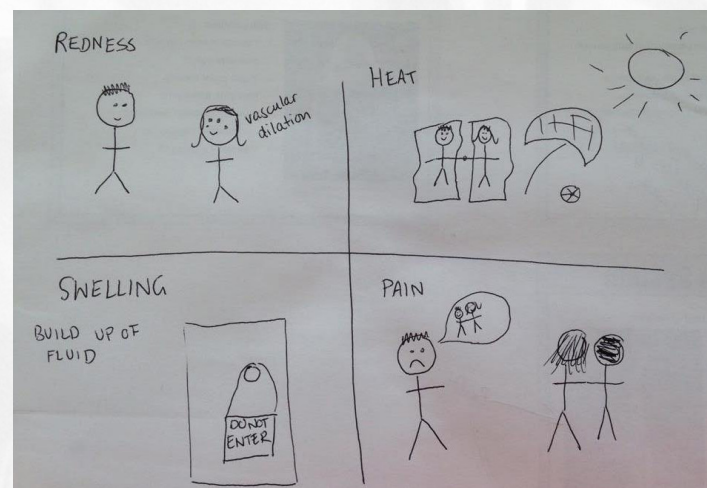
1. Bad acupuncture has no _____ luck!
2. _____ luck!
3. Loud music causes hearing to be _____
5. People who don't find these puns funny suffer from an _____ deficiency
8. When you hae Dr Vu for 2 lectures
9. Most of the injections in hospital are done in _____

Options:

Rex Vowels, vein, urine, point, charades, dejavu, antibiotics, ear-replaceable, Wallace Wurth, irony

COMICS CORNER

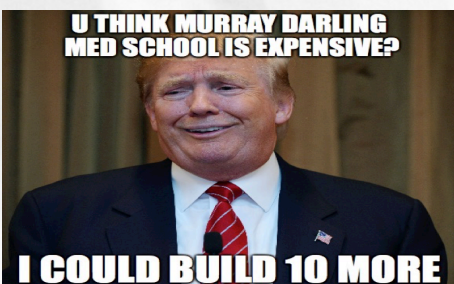
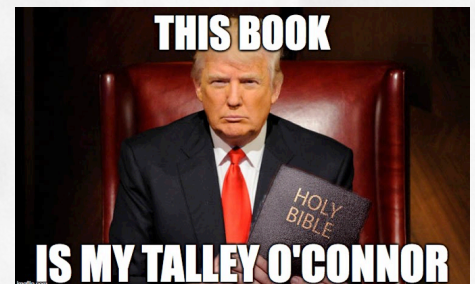
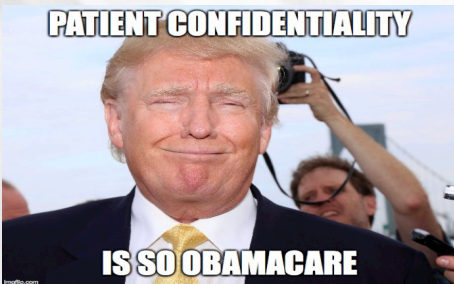
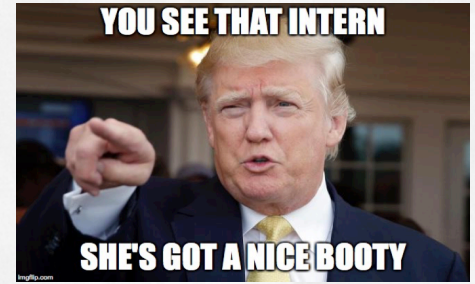
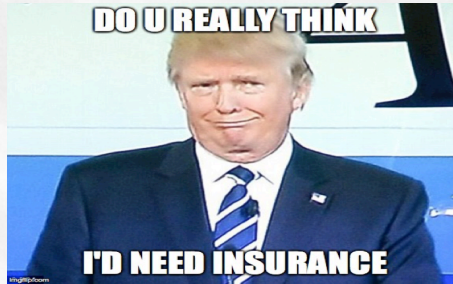
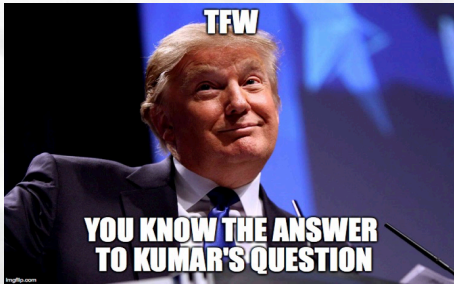
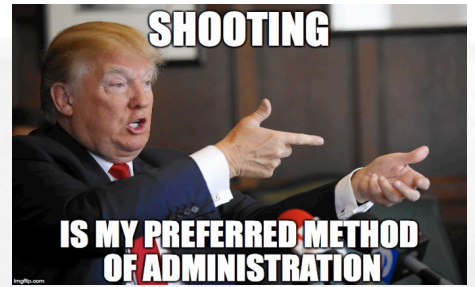
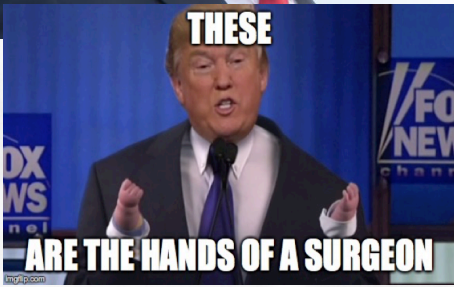
A-CUTE INFLAMMATION



Eleanor Hall (I)

12 MOMENTS WHEN TRUMP TRUMPED MED

Helen Zhang (III)



A PRICKLY CASE OF.. CACTUS DISEASE (PALEO-INDUCED MINERAL PERIOSTITIS)?

Adapted from radiopaedia.com on 1st April 2016*



Numerous perpendicular periosteal projections from the phalanges, metacarpals, and visualized distal radius and ulna, with overlying skin tenting. This appearance is pathognomonic of cactus disease.



Cactus disease with multiple areas of skin tenting, a sign only seen in severe disease.

Paleo-induced mineral periostitis (PiMP) is a recently recognised disease attributed to the so-called "paleo diet". It most frequently involves the metacarpals and phalanges producing perpendicular periosteal projections ("spines"), an appearance that has led to the alternative name of "cactus disease". In severe cases the spines can tent the skin and present clinically, although the majority of cases are only detected radiographically after patients complain of hand pain, particularly when squeezing fruits (e.g. crushing goji berries).

Proponents of the paleo diet continue to deny that it causes PiMP, however a strong temporal association and correlation between length of diet and disease severity have proved scientifically robust; 2016 Cochrane Library metareview. Supportive archeological evidence from paleolithic human populations also exists including cave paintings in Argentina showing cactus hands 12,000 years ago.

The European Society for Hand Models recently listed the paleo diet as a category 5 risk (alongside wood work, wicket keeping and thumb wrestling) after founding member Spike E. Hanzenfeat announced that his once "really really, ridiculously good looking hands" had been "internally shashlicked" within seven months of commencing the diet. A Broadway adaptation of his story entitled "The Stuff Fools Swallow" is expected in late 2017.

urban DICTIONARY

for Docs in Training

- Victoria Liu (TV)

*No offense intended for those who may suffer from these imaginary conditions; this article does not represent the views of UNSW Medsoc

MEDICINE is a profession of contradictory ideals. The nature of our roles demand that we be caring, conscientious and non-judgemental as with great power comes great responsibility. Unfairly pitted against the nemeses of ageing, pathology, and food that is just too darn tasty, we fight with pills, pamphlets and a whole lotta preaching. So often though, we fall off the bandwagon (or were never really on the bandwagon..) as we are human too, despite what the AMSA kids in their spandex Superman costumes may think! For example, the respiratory physician that counsels the emphysema patient to cut back on smoking may very well be a chain-smoking chimney with a 60 pack year history. The GP that advocates for carrots in place of cake may have a stash of Tim Tams hidden in their drawer.

In a similar vein, the medical system calling for their students to have empathy, compassion and political correctness may be the system where rude acronyms and nicknames abound, the cruder the better! *

Here are a few that I have come across in my four years of medical school and as an avid Scrubs fan. Some are insensitive, politically incorrect but should be read with a grain of salt and a spoonful of sugar to make the medicine go down ;)

Acronyms

Ass Grapes - badly thrombosed or strangulated haemorrhoids

Blamestorming - the process of figuring out who to blame when something goes wrong.

Brothel Sprouts - genital warts

Bury the Hatchet - accidentally leave a surgical instrument inside a patient.

CABG Patch - floor where heart bypass patients reside.

Chocolate Hostage - constipated

CTF - Cletus the fetus (born before 23 weeks).

Cold-tea Sign/Cold Tea Syndrome - refers to the several cups of cold tea on the bedside cabinet beside a dead geriatric (i.e. no-one noticed the patient had died)

COSMONAUT - Cat Owner, Smells, Made Of Nuts And Used Tampons ("mad cat lady" with poor hygiene and body odour)

Dyscopia - failure to cope. Refers to patients who have are having a difficult time emotionally.

ELFs - evil little fu**ers (kids).

Eiffel Syndrome - (From I-fell on it) patient with a foreign object in the rectum

Faecal Encephalopathy - Sh*t for brains

FLK - funny looking kid.

FLP - funny looking parents for a pediatric patient.

FLK and FLP together - when you realize the baby is just fine!

Gomer - Get Out of My Emergency Room. Refers to old and sometimes demented patients with several complicated conditions.

Google MD - believing one is as smart as the doctor because they searched Google for all the answers.

HAIRY PSALMS - Haven't Any Idea Regarding Your Patient Send A Lot More Serum.

Hepatology Conference - doctors meeting at a pub or bar (no late appointments, I'm going to a hepatology conference)

High Slug Titre - lazy patient (slug) that won't get out of bed

Horrendoma - an especially bad or complicated medical condition

Imaginascope - what you use during radiology rounds to see the lesion the clinician is showing you but you don't see

Journal of Anecdotal Medicine - a favourite, but unwritten source of medical wisdom

Metabolic clinic - the tearoom

Michelin's Disease/Disorder - multiple spare tyres (obese)

OMGWTFBBQ - a person mangled in a car crash

Optorectomy - operation to disconnect the eyeball from the anus, due to such a sh*tty outlook on life

Platelet Clot - describing a large team of doctors rounding on the wards.

Positive Hilton Sign - demanding patient expects Hilton Hotel luxury; indicates patient well enough to leave!

Radio-I-suppose-otope - imaging agent used in Unclear Medicine (Nuclear Medicine)

Scepticaemia - chronic condition suffered by two doctors in a debate over which therapy

Sellout - Derogatory term for plastic surgeon in private practice

Status Dramaticus - refers to overly anxious patients who believe they're at death's door. The term plays on status asthmaticus, a severe asthma attack that doesn't respond to usual treatment.

Testiculation - (male) consultant holds forth on a subject with expressive hand gestures, but has little knowledge of the subject.

T-sign - the number of untouched cups of cold tea at a deceased patient's bedside. Used as an indicator of approximate time of death (i.e. the patient died but nobody noticed)

Whambulance - an ambulance used to carry people who show up whining about little stuff.

Wallet Biopsy - refers to what community hospitals do to patients before shipping them to tertiary care, ie cath, colonoscopy, several MRIs.

how smooth was that segue into crazy medical acronyms?! #validateme